

BANANA NEWS



GO DEEPER

SPECIAL WORDS

WHEN WE ARE UNDER PRESSURE

(PRESS PALMS TOGETHER AND RUB BACK & FORTH)

GOD IS FAITHFUL

(PLACE RIGHT HAND OVER HEART)

MEMORY VERSE

But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.

2 Corinthians 4:7-9 (NIV)

DAILY DEVOTIONS

DAY 1: THE WALLS FELL DOWN

READ - Joshua 6:1-5, 20

The walls of Jericho were really big! Let's stand up and march in place. How long do you think we can march before we get tired? The Israelites had to walk around the big walls seven times on the seventh day and shout and blow trumpets! Whew!! That had to be hard work. But because they were faithful and obeyed God's directions, we can see how faithful God was to the Israelites. God is still faithful to His people. **Remember: When we are under pressure, God is faithful.**

DAY 2: GOD IS FAITHFUL

READ - Deuteronomy 31:6

Moses reminded the Israelites that God was with them. God is faithful and He keeps His word. He will never let us down, even when we have hard things in our lives. What things are hard for you? Can it be hard to share, be kind, wait patiently, or obey? Ask God to help you make good choices even when something is hard. **Remember: When we are under pressure, God is faithful.**

DAY 3: NEW EVERY MORNING

READ - Lamentations 3:22-23

God is faithful, that means He never changes. God promises to be with His children every day! Isn't that amazing! Ask God to help you to be faithful to Him. Today, when you have to make a choice, first stop and say, "What would Jesus want me to do?" Then obey and do it! **Remember: When we are under pressure, God is faithful.**

DAY 4: PRAISE GOD FOR HIS FAITHFULNESS

READ - Psalm 118:1-15

Even though the Israelites went through some really hard times, and they even grumbled and complained sometimes, God was still faithful to them. Sometimes it's easier to praise God for His faithfulness when things are going good. But the truth is that even when things are hard, God is still good and faithful. When you start to feel grumpy stop and think of something you can tell God thank you for. **Remember: When we are under pressure, God is faithful.**

DAY 5: FOLLOW GOD'S EXAMPLE - BE A FAITHFUL FRIEND

READ - Deuteronomy 7:9, Proverbs 3:3

Make a promise to someone who needs your help and then be faithful to follow through and do it! Share with them how God has been faithful to you and why it motivates you to be faithful to others. This week ask God to help you to be faithful to do everything you say you will do. **Remember: When you are under pressure, God is faithful.**



Materials: Toilet Paper Roll, Art Supplies, Household Items

Make a trumpet using an empty toilet paper roll. You could also utilize a rolled up piece of paper, taped to hold together. You can decorate your trumpet with stickers or by coloring it.

Build the city of Jericho using pillows, blocks, Legos, books, or whatever you can find. Pretend you are in Joshua's army. March around the "city" you just built, six times in a row, but taking a break after each one. Then, the 7th time (representing the 7th day) walk around the city seven times and blow your trumpet. After the 7th time, shout, and knock down the city of Jericho!

God gave the Israelites very specific directions to follow. They were faithful in obeying God's directions and God was faithful in giving them victory over the city of Jericho!



Materials: Mini Marshmallows, Toothpics

Build your own wall of Jericho using marshmallows and toothpicks. How tall can you make it before it falls? Can you make a strong enough wall that it will stand on its own?

The wall of Jericho looked impossible to defeat. They were massively tall and thick. No human army stood a chance against such a wall! God told the Israelites the walls would fall. Talk about pressure! But God didn't ask them to defeat the walls with their strength. God wanted them to obey Him and watch His power at work.

Where in your life do you want and need to see God's power at work. Look at the wall you built. Take a moment and talk to God telling Him where you want to see His faithfulness in your life. Then smash your wall as a reminder that when you are under pressure, God is faithful!

Read more about the walls of Jericho and some amazing facts historians have discovered at: https://answersingenesis.org/archaeology/the-walls-of-jericho/



Materials: None

Before bed pull your child close beside you and say, "God is faithful and I can trust Him!" As you tuck them into bed, sing, "I Will Trust You" (www.tinyurl.com/trustinyou). Then pray together, pausing after each phrase, to let your child repeat after you:

Dear God, Thank you for being faithful. Help me to obey You and follow what the Bible says. You are so good even when things are hard! In Jesus' name, Amen.